

# Healing with QuickSplint®



## **QuickSplint® Helps the Jaw Recover and Protects Your Teeth and Gums**

We have provided you with a QuickSplint to be worn during the post-operative recovery period. Because your mouth was open for an extended time, we are prescribing the QuickSplint transitional device to help your jaw muscles relax and recover. Additionally, the QuickSplint will help stabilize and protect your teeth and surgical sites from possible damage due to clenching or grinding of your teeth.

**1**

### **CRITICAL FIRST WEEK**

#### **Wear QuickSplint® Every Day and Every Night**

Periodontal and implant procedures are most successful when tooth mobility is minimized. QuickSplint should be worn immediately after the procedure, during the day and at night to minimize the risk of damage to your teeth and gums. (Take breaks as needed for meals, when in public etc.) QuickSplint helps the jaw recover and relax.

**2**

### **SECOND WEEK**

#### **Wear QuickSplint® Every Night**

Periodontal or implant procedures often result in tenderness and/or sensitivity as the bone ligaments around the teeth or implant regenerate and become more stable. It is important that your teeth continue to be stabilized during this important phase of healing. QuickSplint should be worn at night every night to protect and minimize tooth movement.

**3**

### **FOLLOW-UP APPOINTMENT**

#### **Bring QuickSplint® to Your Follow-up Appointment**

We will be assessing the recovery of your jaw and monitor the status of gum tissue regeneration and periodontal stability. The QuickSplint records information about bite and helps us evaluate if you may need a permanent mouth guard.

**IMPORTANT: If at any time you have discomfort wearing the QuickSplint®, discontinue use and contact our office.**

**Daily Cleaning:** See *Patient Instructions* provided in the QuickSplint carry-home container.

