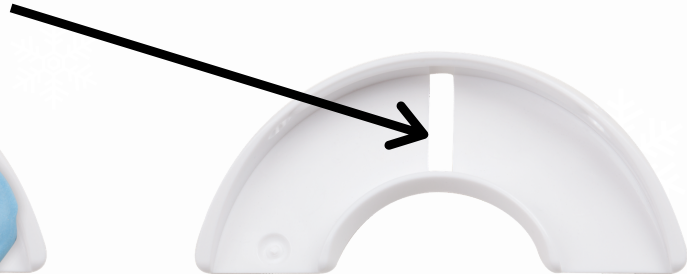
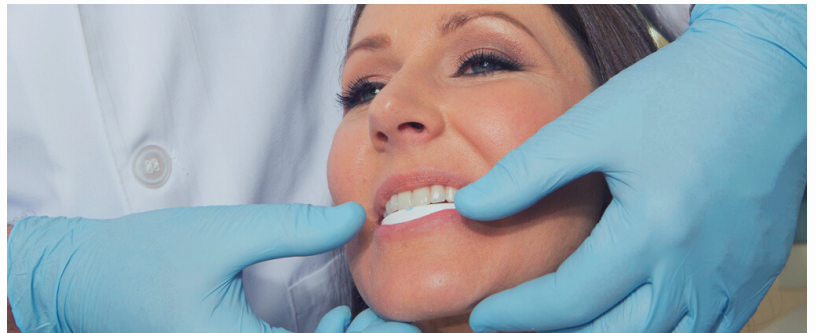


# MAKING A QUICKSPLINT

1. Fill QuickSplint uniformly with fast-set VPS. Also, turn the QuickSplint over and fill the *midline* with VPS on the underside.



2. Align QuickSplint on the upper or lower teeth, supporting while the patient bites down completely to seat the QuickSplint.



3. For upper arch, instruct patient to gently push excess VPS with tongue up on the roof of their mouth.



4. After VPS sets, gently remove the QuickSplint and trim any excess material with a sharp blade. QuickSplint is now ready for use!

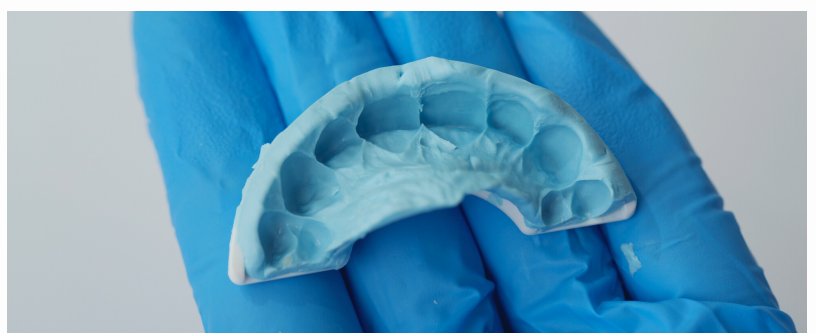


**TIP 1:** Adhesives are not required.

**TIP 2:** Overfill the tray! Underfilling the tray is the biggest mistake.

**TIP 3:** Make sure the patient bites down to level the tray on the opposing arch.

**TIP 4:** You can reline the QuickSplint during treatment phases.

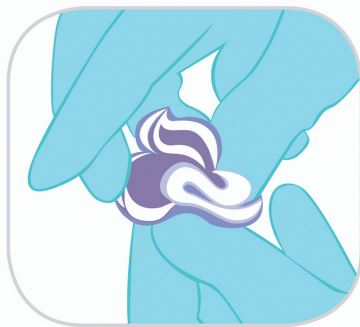


Check out our videos on [QuickSplint.com](https://www.QuickSplint.com)

## Therapeutic Nighttime Oral Splint

### Instructions

*QuickSplint is a temporary protective splint for people with acute jaw pain or head, neck and jaw injuries related to muscle tension. Designed for overnight wear for up to 6 weeks.*



Remove half of the purple putty and half of the white putty and mix together until putty is streak-free. Once mixed, the putty will harden in 2 min. and 45 sec. Steps 2-4 should take less than 90 seconds.



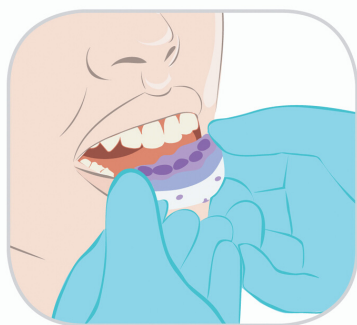
Shape the putty into an approx. 5 cm (2") cylinder and push into the tray.



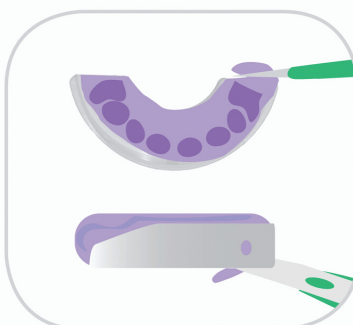
Make certain putty protrudes from the midline slot and the retention holes. Pinch off excess putty.



Align the tray on the person's upper or lower arch while the person bites down completely. Remove your fingers and instruct the person to close their mouth and lips over the tray.



After the putty hardens (1-2 minutes) gently remove the newly formed QuickSplint with both hands.



Trim the excess putty away from the ends of the tray and along the midline slot so that it is level with the surface.



Trim excess putty along the outer edges for comfort and fit. Trimmed QuickSplint should fit into the take-home bottle.



QuickSplint is now ready for overnight wear. Provide the person with the take-home bottle and instructions.